

Virtual Programming Schedule for the Spring of 2022

Employee Development Workshops			
Program and Registration <i>(Register by clicking on the title)</i>	Date	Time	Instructor
Role of Psychological Safety in Shaping Community Climate	3/8	1:00-2:30pm	Rachel DiBella
Confidence: A Lighthearted Look with Serious Takeaways	3/9, 3/16, 3/23, 3/30 & 4/6	12:00-12:45pm	Mike Way
From Policy to Practice: Community Roles & Responsibilities	4/5	12:00-1:30pm	Rachel DiBella
Take a Breath: Writing for Wellness	4/13	12:00-12:45pm	Bailey Merlin
So You Want to be a Manager?	5/3	10:00am-12:00pm	Chelsey Platt Angelone
Hybrid Workplace: Staff Session	5/10	12:00-1:00pm	KGA
Hybrid Workplace: Manager Session	5/19	12:00-1:00pm	KGA
Work/Life and Wellness Workshops			
Yoga: Energize & Restore	Tuesdays, March-June	11:00am-12:00pm	Karoline Barwinski
Weekly Meditation	Tuesdays, March-June	12:00-12:30pm	Liz Pomerantz
Cardio Dance Fitness	Wednesdays, 3/2-3/23	11:00am-12:00pm	Lindsay Brownell
The Future of Women and Work	3/8	12:00-1:00pm	Care.com
Mental Health First Aid	3/10 or 5/17	time varies by date	Jennifer Weininger
Money Basics	4/13	10:00-11:00am	KGA

Visit our website hlc.harvard.edu for our full list of programming and virtual opportunities in the coming months.
Any registration queries can be directed to hlctraining@hsph.harvard.edu.