

MENTORSHIP PROGRAM

HARVARD LONGWOOD CAMPUS



MENTOR FREQUENTLY ASKED QUESTIONS

WHAT IS THE TIME COMMITMENT?

2 hours/month are expected to be dedicated to this program. Majority of participants indicate meeting with their counterpart 6-9 times within the 6-month period.

DO I NEED MENTOR EXPERIENCE?

No previous formal mentoring experience is needed. In your current role, it is very likely that you have informally mentored others without realizing it! A Mentor Orientation Workshop is provided to develop skills and ask questions.

WHAT RESOURCES WILL BE AVAILABLE TO ME?

As part of the program, mentors are provided several resources such as mentor-specific training, University resource guide to aid in conversations, and access to Chronus software for scheduling and communication.

HOW DO YOU MATCH ME WITH A MENTEE?

Based on mentee and mentor Chronus profile, field of work/study, and areas of interest, the Chronus software matches connections that best align. Harvard administrators review all matches to ensure connections are appropriate. In the 2024 cohort, 100% of mentor survey respondents indicated "satisfied or very satisfied" to their mentoring partner match.

IS THIS PROGRAM DYNAMIC-WORK FRIENDLY?

Yes! All workshops are fully remote. Your 1-on-1 mentorship meetings can be remote or in-person, based on your dynamic work status and preferences.

HOW CAN I LEARN MORE?

Attend an upcoming Mentor Info Session or visit www.harvard.chronus.com for more information.

MENTEE FREQUENTLY ASKED QUESTIONS

WHAT IS THE TIME COMMITMENT?

2 hours/month are expected to be dedicated to this program with 1 hour/month for professional development workshops.

HOW DO I KNOW WHAT TO ASK MY MENTOR?

Workshops and resources offered with this program will help orient your role as a mentee, set goals for the mentoring program, and provide a guideline for mentoring discussions.

WHAT RESOURCES WILL BE AVAILABLE TO ME?

As part of the program, mentees are provided several resources within professional led workshops, topics include: Goal Setting, Elevator Pitch, Networking, and Building your Personal Brand. Additionally, the Chronus software supports your scheduling and organization of goals and meetings.

HOW DO YOU MATCH ME WITH A MENTOR?

Based on mentee and mentor Chronus profile, field of work/study, and areas of interest, the Chronus software matches connections that best align. It is very important as a mentee to have your profile up-to-date and complete in order to design meaningful connections.

IS THERE AN APPLICATION PROCESS?

Yes! The demand is high for this mentorship program and there are a limited number of available slots. Please complete the application form on our website, filling out the "About Me" section thoughtfully and thoroughly to be selected as a mentee.

HOW CAN I LEARN MORE?

Attend an upcoming Mentee Info Session or visit www.harvard.chronus.com for more information.