

# MENTORSHIP PROGRAM

## HARVARD LONGWOOD CAMPUS

"I could not have imagined a better match than my mentor. Our mentorship relationship is a highlight of my year."  
-2024 Mentee



### ABOUT THE PROGRAM

## WHO WE ARE

The Longwood Mentoring Program facilitates one-to-one mentoring relationships that connect individuals across our unique campus environment (the Harvard Medical School, Harvard T.H. Chan School of Public Health, and the Harvard School of Dental Medicine) to help those involved expand their networks outside their team, gain new knowledge and insights, work towards career advancement and enhance professional skills. Designed with the collaboration of the Office of Employee Development and Wellness and the Black Staff Caucus Longwood Medical Area, the program is deeply committed to cultivating and preserving a culture of diversity, inclusion, and belonging.

### 2025 MENTORSHIP PROGRAM

## JOIN NOW

- **Program Duration:** January - June 2025
- **Commitment:** 1 hour mentorship meeting/month + 1 hour professional development workshop/month
- **Requirements:**
  - **Mentees** must be grade 52-57 benefits-eligible employees on the HLC who have worked at Harvard for at least 1 year
  - **Mentors** must be grade 58+ benefits-eligible employees on the HLC who have worked at Harvard for at least 1 year
- **How to Join!**
  - Mentees- [Apply HERE](#)
  - Mentors- [Complete Interest Form](#)

**Application Deadline: November 1, 2024 or until spots fill**

## WHY BECOME A MENTEE?

### DEVELOP SKILLS

Mentees top skills improved on from the 2024 mentorship program: Courage & Confidence in Speaking Up, Building & Maintaining Relationships, Communicating Effectively

### GAIN CONNECTEDNESS

75% of mentees indicate that this program increased or significantly increased "my connection to Harvard community members and resources".

### GROW PROFESSIONALLY

"My mentor went above and beyond to help me explore a career path that might interest me for the future and also helped me to become a better manager with new strategies and techniques." -2024 Mentee

## WHY BECOME A MENTOR?

### FOSTER RELATIONSHIPS

"We were both able to get a lot of meaningful insight from one another; learn about different roles outside our own at Harvard; and bounce ideas off each other about navigating hard conversations." -2024 Mentor

### INSPIRE GROWTH

Mentors not only indicate their ability to inspire mentee professional growth and advancement, but also indicate improvement in their mentees confidence, self-awareness, self-efficacy.

### GAIN PERSONAL FULFILLMENT

Volunteering your time and expertise can provide a healthy boost to your self confidence, self-esteem, and life satisfaction.